

Central Coast Bush Dance & Music Association, Inc.

# *Flannel Flower Spring Ball*



October 13, 2018

**Programme &  
Dance Instructions**

In alphabetical order

## Grand March

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Federation Waltz

## APPLES & CHOCOLATE

<http://www.youtube.com/watch?v=UVm4xwK6LVo>

<http://www.youtube.com/watch?v=KJcmYCbrClo>

Composed: Sue Rosen  
Formation: Duple Improper  
Music: 32 bar contras

### Bars

- Wave of 4 – women in middle by left
- 4 Balance right and left, slide right\*
- 4 Balance left and right, slide left
- 1 Neighbour allemande Right ½
- 1 Men allemande Left ½
- 6 Partner swing
- 4 Circle left once around
- 4 Ladies chain to neighbour
- 4 ½ Hey (women pass right to start)
- 4 New neighbour do si do to wave of 4

## APRIL FOOL

Formation: Square set for 4 couples.  
Written by: Arthur Kingsland (1.04.2012)  
Music: 64 bar reels x 4 A Finnish Polka / Morpeth Lasses

### Bars

- 4 All join hands and advance & retire.
- 4 Do-si-do partner right shoulder
- 8 Quarter Chain  
With RH pull past partner and do full LH turn with next corner. With RH pull past partner and do full LH turn with original corner, finishing back in place beside partner.
- 4 All take lower promenade hold and advance & retire.
- 4 Still in lower promenade hold, face anti-clockwise around the circle and promenade to the next place (1/4 around). With hands still joined, men cross in front of ladies, using setting steps, and finish still facing anticlockwise (as in Janet's Delight)
- 4 Repeat with ladies crossing
- 4 Repeat with men crossing  
Finish with ladies inside, facing anti-clockwise, gents outside facing clockwise.
- 2 Ladies LH star half way, while gents move clockwise one place to meet new partner
- 2 With new partner RH turn half way to change places.  
Finish with ladies outside facing clockwise. Gents inside facing anticlockwise
- 2 Men LH star halfway while ladies move clockwise one place to meet new partner
- 2 With new partner RH turn half way to change places  
Finish with ladies inside facing anti- clockwise. Gents outside facing clockwise
- 2 Ladies LH star half way, while gents move one place clockwise to meet new partner
- 2 With new partner RH turn half way to change places  
Finish with ladies outside facing clockwise. Gents inside facing anticlockwise
- 2 Men LH star halfway while ladies dance clockwise one place to meet new partner
- 2 With original partner RH turn half way to change places  
Finish in place, facing original partner.
- 8 Quarter Chain  
With RH pull past partner and do full LH turn with next corner. With RH pull past partner and do full LH turn with original corner, finishing back in place beside partner.
- 4 All join hands and advance & retire
- 4 Do-si-do corner left shoulder
- 64
  
- 192 Repeat three more times to return to original place.

## AUSTRALIAN BLOKES

<https://www.youtube.com/watch?v=W0ixWjhaG2Y>  
(Similar but not identical)

Composed: John Short, July 2008  
Formation: Square set. Num. 1,4,2,3 clockwise around the set  
Music: 32 x 8 Reels at 55 – 60 bars per minute.

Dance requires: Travelling reel steps, contra balance, bushdance (RH over LH) swing.

Bars Single Chord Introduction

- 4 1<sup>st</sup> cpl face each other and pull past with right hands and dance around the outside of the set (man acw, lady cw). The man dances between 3<sup>rd</sup> cpl and 2<sup>nd</sup> cpl to finish in front of 2<sup>nd</sup> cpl, the lady stays outside the set to finish behind 2<sup>nd</sup> cpl.
- 4 2<sup>nd</sup> & 1<sup>st</sup> cpl. dance a RH star once around
- 4 1<sup>st</sup> cpl dance (in the direction they are facing) back to the top of the set to finish in place.  
(Man dances out between 2<sup>nd</sup> cpl & 4<sup>th</sup> cpl, and then around the outside of the set while lady dances around the outside of the set.)
- 4 1<sup>st</sup> cpl. swing and finish in their own places, facing the centre. Drop hands.
- 2 Top cpls. give RH across to change places with their opposite (do not turn around).
- 2 Top men circle three quarters around to left  
(1<sup>st</sup> man finishes in 4<sup>th</sup> man's place, 2<sup>nd</sup> man in 3<sup>rd</sup> man's place.)  
Top ladies circle three quarters to right.  
(1<sup>st</sup> lady finishes in 3<sup>rd</sup> lady's place, and 2<sup>nd</sup> lady finishing in 4<sup>th</sup> lady's, place.)

### Meanwhile

- Side cpls. contra balance, and with hands still joined, (2 bars)  
pull past each other to their partner's corner place. (2 bars)  
(ie 3<sup>rd</sup> man finishes in 2<sup>nd</sup> man's, place, 4<sup>th</sup> man in 1<sup>st</sup> man's,  
3<sup>rd</sup> lady in 1<sup>st</sup> lady's and 4<sup>th</sup> lady in 2<sup>nd</sup>s place.  
(Tops now in side's place and sides in top's. No one is with original partner.)
- 4 Repeat with original tops giving RH across and around, and original sides contra balancing and pulling past.
- 8 Repeat twice more.  
Everyone finishes in original place.
- 96 Repeat with cpls. 2, 3 & 4.  
Leading cpl. and opp. dance "rights across", other two cpls, dance "contra balance".
- 128 Dance can be repeated.

## BOSTON TWO STEP

Couples facing LOD with inside hands joined.  
March 6/8 or 2/4

### Bars

- 2 Set out and in
- 2 Take three walking steps forward and turn against line of dance
- 2 Set out and in
- 2 Three walking steps against line of dance – finish with feet together
- 2 Facing partner and with both hands joined (lady starts RF man on LF)  
Set to partner
- 2 Take ballroom hold and take two chasses steps along line of dance
- 4 Two rotary Chasses (2 turns) along line of dance.
- 16 Repeat

## THE CASTLE SCHOTTISCHE

<http://www.youtube.com/watch?v=Ozb8Y70Dtul>

Formation: Couples dance in either skaters or tango hold, facing LOD  
Music: The Yama Yama Man

Footwork is the same for men and women. Schottische step.

- 4 Chasse to right, hop, chasse to L hop (double)
- 4 Starting R foot, Chasse single x 4 (step hop, step hop, step hop, step hop)  
Finish facing partner
- 2 Keep L hands joined, take two side steps to the right
- 2 Tug L hands and release hands – take two side steps to the left catching R  
hands. (Man facing out – ladies facing in)
- 4 With R hands joined, take two steps to turn half way (wth jazz hands) to  
change places finishing in original hold
- 4 Chasse to left, chasse to R
- 4 Starting L foot, chasse singles x 4
- 2 Keeping R hands joined, take two side steps to the left
- 2 Tug R hands and release hands – take two side steps to the R catching L  
hands. (Man facing in – ladies facing out).
- 4 With L hands joined take two steps to turn half way (wth jazz hands) to  
change places, finishing in original position and hold (or if progressive, pass  
on to next partner.

## CASUARINA WALTZ QUADRILLE

<https://www.youtube.com/watch?v=8syYhldWumc>

Written by John Short October 2010

Quadrille Formation. 1,2,3, 4 (anticlockwise)

(Tops 1 & 3 Sides 2 & 4)

32 bar waltz at 44 – 60 b.p.m.

### Bars

Four bar introduction

8 First couple waltz the set

8 Opposite couple join in, (both top couples waltz the set and finish facing the other couple across the set)

8 Top couples, full rights and lefts (no hands)

8 Set (4 bars) and turn partner (4 bars) using two hands open hold, while returning to place. Finish facing the centre of the set

8 Grand Square (tops in, sides separate)

Top couples holding inside hands advance toward opposite with two waltz steps while side couples take two side chasses steps away from partner (2 bars).

Top couples drop hands with partner and join two hands with opposite and take two side chasses steps away from partner while side couples take two waltz steps toward opposite (2 bars).

Top couples drop hands with opposite and take two waltz steps backward away from opposite while side couples join two hands with opposite and take two side chasses steps toward partner (2 bars).

Top couples take two side chasses steps toward partner while side couples drop hands with opposite take inside hands with partner and take two waltz steps backwards (2 bars).

Everyone is now in original place.

8 Reverse the square (sides in, tops separate)

Top couples taking two side chasses steps away from their partner while the side couples join inside hands and take two waltz steps toward their opposite, (2 bars). Top couples take two waltz steps toward opposite whilst side couples drop hands with partner and join two hands with opposite and take two side chasses steps away from partner (2 bars).

Top couples join two hands with opposite and take two side chasses steps toward partner while side couples drop hands with opposite and take two waltz steps backward away from opposite (2 bars).

Top couples drop hands with opposite, take inside hands with partner and take two waltz steps backwards whilst side couples take two side chasses steps toward partner (2 bars).

Everyone finishes in original place.

4 First couple take ballroom hold (with joined hands pointing to the centre of the set) advance and retire using two side chasses steps

- 12 Couple 1 rotary waltz in the line of the set (ie, neither inside nor outside the set) into couple 2's place, while couple 2 rotary waltz into couple 1's place on the inside of the set (4 bars).  
 Couple 1 continues to rotary waltz in the line of the set into couple 3's place while couple 3 rotary waltzes into couple 2's place on the inside of the set (4 bars).  
 Couple 1 continues to rotary waltz in the line of the set into couple 4's place while couple 4 rotary waltzes into couple 3's place on the inside of the set (4 bars).
- 64 At this point all couples have progressed one place clockwise. The couples are renumbered according to their current position (ie. Couple 1 has their backs to the music) and the new couple 1 now leads the dance sequence through the second time.
- 192 The 64 bar sequence is danced a total of 4 times with each couple taking their turn as couple 1 and leading the dance.

## **CIRCASSIAN CIRCLE PART 1**

Formation: Dbl. Sicilian Circle (Cpl. Facing couple)  
 Music: 32 bar Jigs or reels. AABB  
 Note:

### Bars

- 8 Rights and lefts through. No hands.  
 4 Face partner and set (bushdance style)  
 4 Swing partner (cross arm)  
 8 Ladies chain and back  
 8 In lower promenade hold, promenade with men passing left shoulders around each other, then on to next couple.

## **DOORBELLS & SLEIGH BELLS**

Composed: Keith Wood August 2012  
 Formation: Duple Improper  
 Music: 32 bar Reels  
 Difficulty: Intermediate

### Bars

- 4 Circle left three quarters  
 4 Do-si-do neighbour  
 2 Push of hey. Men start, passing left shoulder, pass women by right shoulder (4 beats)  
 2 Women meet and push off each other and back out to the right (4 beats)  
 2 Men meet and push off each other and back out to the right (4 beats)  
 2 Women cross, passing left shoulder. (4 beats).  
 All finish on the opposite side from where they started.  
 8 Swing partner  
 2 Men advance toward partner and clap  
 2 Woman advance toward partner and clap  
 4 Circle left three quarters and pass through to progress.  
 32 Repeat

## EXIONS QUADRILLE (Local Variation)

A five figure quadrille

Each figure should have an introduction. Usually 8 bars for 1<sup>st</sup> figure and 4 for subsequent figures.

**Figure 1** (4 x 24b) (Lancers) Music: Set tunes (24b = 16b + 8b)

- 4 First lady and second gent advance and retire.
- 4 First lady and second gent readvance, two hand turn and back to place
- 4 First couple lead through second couple
- 4 Second couple lead through first couple
- 4 Everyone (quadrille) set to corners
- 4 Everyone two hand turn corners and finish in own place.
- 24 Repeat with 2<sup>nd</sup> lady and 1<sup>st</sup> man leading
- 24 Repeat with 3<sup>rd</sup> lady and 4<sup>th</sup> man leading
- 24 Repeat with 4<sup>th</sup> lady and 3<sup>rd</sup> man leading

**Fig 2** Reels 4 x 24B (Caledonians)

- 8 First man advance & retire twice
- 8 All (quadrille) set and two hand turn corners
- 8 Promenade with corners to man's place
- 24 Repeat with man 2
- 24 Repeat with man 3
- 24 Repeat with man 4

**Fig 3** (La Poule) 4x32B (The Quadrille)

- 4 1st Lady and opp. Gent - adv touch R hand, retire to opposite place
- 4 Adv again, join L hand give R hand to partner to form a wavy line of four,
- 4 Line of 4 balance, each person forward & back twice
- 4 Turn towards partner & lower promenade hold to opp. places
- 4 1st Lady and opp. Gent advance & retire,
- 4 1<sup>st</sup> Lady and opposite gent advance, honour & retire,
- 4 Top couples advance & retire,
- 4 Half Rs & Ls to place.
- 32 Repeat with 2<sup>nd</sup> lady leading
- 32 Repeat with 3<sup>rd</sup> lady leading
- 32 Repeat with 4<sup>th</sup> lady leading



Exions Quadrille cont.

**Fig 4** (Half Waltz Cotillion) 48 bar waltz x 2 (48b = 32b + 16b)

- 8 Top couples waltz inside the set and back to place
- 4 Top ladies cross to opposite place passing right shoulder, no hands given
- 4 Side ladies cross, as above
- 4 Top gents cross, as above
- 4 Side gents cross, as above
- 8 All waltz back to original place
- 4 Tops advance, join outside hands with nearest side person and retire to form Top and bottom lines
- 4 Lines cross to opposite side, no hands given
- 4 Lines advance and retire
- 4 Lines cross back, everyone finishing in original place and reforming the quadrille. (Sides pass partner and turn into place.)
- 48 Repeat the previous 48 bars with sides couples leading and forming side lines

Note that in this Half Waltz Cotillion, the crossings are 4 bars, not 8 bars.

**Fig. 5** (La Finale) 4x32B + 8B coda

(Lively Jigs, Danced with skip change of step, setting in par-de-basque fashion and using swings, not turns.)

- 4 All advance & retire in a circle,
- 4 Swing (two-hand crossed) partners,
- 4 All Ladies advance, curtsy & retire,
- 4 Gentlemen advance, bow & retire,
- 8 All set (twice) to corners and swing (two-hand crossed) corners,
- 8 Keep corner and promenade to Gentlemen's places.
- 3x32 Repeat 3 times to return to place

**Coda** 8B

- 4 All advance & retire in a circle,
- 4 Grand swing partners. (Right hip to right hip with partner, right arm around partner's waist in front of partner, left hand held elevated behind.)

## FEDERATION WALTZ

Written by Karenne Kenny 2001  
96 bar waltz x 3 plus 8 bar coda.  
Circle of 6 couples.

Numbering: 1-6 anticlockwise around set.  
Odds (tops) 1,3,5. Evens (sides) 2,4,6.

### Bars

- 4 Honour partners, honour corners.
- 14 Odd couples waltz the set once around.
- 2 Turn lady into place and bow and curtsey
- 16 Even couples waltz the set, finishing with bow and curtsey  
Odd men step in to face partners on last 2 bars
- 4 Arches  
Even couples join two hands to form an arch and move clockwise over  
Odds.  
Odd couples, join two hands and move anticlockwise under arches
- 4 Waltz to place with Odds on inside, Evens on outside of set.
- 8 Slip Step Arches in opposite direction and waltz to place – odds making  
arches, evens passing under.
- 8 Odd couples right hand star, then left hand star  
(men lead partners by RH into centre to make star).
- 8 Even couples right hand star, then left hand star
- 16 Odd ladies chain with each Odd man in turn (4 times) to reach new  
partner
- 16 Even ladies chain four times to reach new partner.
- 96
- 96 Repeat
- 96 Repeat to return to partner
- 4 Taking lower promenade hold, all promenade the set.
- 4 Gents turn ladies out (clockwise under right arm) into deep curtsey. Men  
bow.

**Note:** The dance symbolises the images present at the time of Federation in Sydney. Six couples representing the six separate colonies which joined together to form the Commonwealth of Australia; 6 pointed stars representing the six pointed Federation star on the new flag and arches, which were built in the streets of Sydney out of wool, coal, wheat etc, through which parades passed during celebrations to mark Federation on 1 January 1901.

## FLANNEL FLOWER SCHOTTISCHE

Written by John Short, July 2005  
Music written by G.M. Miller 1910

Honour partners, honour corners.

Bars

- Part A (16 bars)**
- 2 **All Chasses Croisse to Opposite Corner**  
**(See notes below)**  
Drop hands.
- 2 All Chasses Croisse Back as described below. Keep left hands joined.  
**Turn Corner**
- 1 Using walking steps, all turn corner by the left hand to finish in own place facing partner.  
**Turn Partner**
- 2 Using walking steps, all turn partner by the right hand one and a half times to finish in partner's place facing away from partner.  
**Pull past opposite corner**
- 1 Give left hand to the person you are facing and change places with them by pulling past them. Finish facing the centre of the set.  
*Gents have now progressed one place anticlockwise around the set, ladies have progressed one place clockwise.*
- 8 Repeat previous 8 bars  
*Everyone is now in opposite place with original partner.*
- 1 **Part B (8 bars)**  
**All honour partners.**
- 1 All honour corners.  
**Top Ladies cross**
- 2 Top ladies change places by walking past each other passing right shoulder. Do not give hands.
- 4 Repeat previous 4 bars, side ladies crossing.  
*Ladies are now in original place, gents are in opposite place.*
- 16 Repeat Part A
- 8 Repeat Part B  
*Everyone is now in original place.*
- Part C (16 bars)**  
**Top couples advance & retire**
- 2 In ballroom hold, top couples slip step twice toward centre of set and twice away. (This is slow.)  
**Top couples rotary chasse**
- 2 In ballroom hold top couples make one (slow) rotary chasses turn inside the set, opening out into a half ballroom hold, finishing facing anticlockwise around the set in front of the couple on their right.  
**Promenade back to place**
- 4 Top couples in half ballroom hold promenade (walk) back to place.
- 8 Side couples repeat last 8 bars

Flannel Flower Schottische cont:

**Part D (8 bars)**

**Top couples cross**

- 2 In ballroom hold top couples change places, using slip steps, gents passing back to back. To suit the music, this movement is danced as two slow slip steps followed by four quick slip steps. Do not turn around. Remain in ballroom hold.

**Side couples cross**

- 2 Side couples repeat previous 2 bars. Remain in ballroom hold.

**Top Couples cross back**

- 2 Top couples cross back to place, ladies passing back to back. Remain in ballroom hold.

**Side couples cross back**

- 2 Side couples repeat previous 2 bars. Remain in ballroom hold.

**Part C (16 bars)**

**All advance & retire**

- 2 In ballroom hold, all couples slip step twice toward centre of set and twice away. (This is slow.)

**All rotary chasse**

- 2 In ballroom hold all couples (slow) rotary chasses once anticlockwise around the set, opening out into a half ballroom hold, finishing facing anticlockwise around the set.

**Grand Cross back to place**

- 4 In half ballroom hold with partners, gents put left hand into centre, form a grand cross and promenade (walk) back to place.

- 8 Repeat the previous 8 bars but finish with a "flourish" (see above).

**NOTES:**

**1. Chasses Croisse**

*Gents Chasses Croisse* by dancing to right behind partner with four small slip steps. On the last slip step they close their left foot to their right foot but do not put weight on the left foot. Then balance diagonally forward and to the right by stepping diagonally on the left foot then stepping back on the right foot. The gent's right hand is given to opposite corner during the balance.

*Gents Chasses Croisse Back* by reversing the above balancing with corner using the right foot and the left hand.

*Ladies Chasses Croisse* by dancing to left in front of partner with four small slip steps. On the last slip step they close their right foot to their left foot but do not put weight on the right foot. Then balance diagonally forward and to the left by stepping diagonally on the right foot then stepping back on the left foot. The lady's right hand is given to opposite corner during the balance.

*Ladies Chasses Croisse Back* by reversing the above balancing with corner using the left foot and the left hand.

Note that the ladies pass in front of their partners in both directions.

**2. Flourish**

This is the final movement of the dance. While promenading back to place in half ballroom hold, the gents should take their partner's right hand in their right hand. On the last half bar, the ladies will turn clockwise out of the half ballroom hold (with right hands still joined) to face their partners. All dancers should raise their left hands behind (palms facing up) at shoulder height and create a pose (by tensioning right arms) on the last beat.

## THE KING'S WALTZ (Original)

Written by: A.C.Brown, MC of Empress Ballroom, Blackpool, UK. 1913  
 Instructions: John Short, 2018  
 Formation: Couples dance  
 Music: 3/4 time Waltz at 48 beats per minute.

Starting Position: Both facing LOD, lady on right of gent, holding inside hands.

This danced uses a mixture of waltz travelling steps and rotary waltzing.

- a) Waltz chasses: Three steps to one bar of music
- b) Side-Close: Two steps to one bar of music
- c) Waltz Steps: One step to one bar of music
- d) All rotary waltzes are natural (clockwise) turns.

LF Left foot, RF Right foot, LOD Line of dance.

| Bars   | Gent  | Lady  |
|--|---|---|
| 1  | Starting with LF, chasses forward   | Starting with RF, chasses forward   |
| 1  | Starting with RF, chasses forward   | Taking 3 small steps, turn to finish alongside partner, facing against LOD                                      |
| At this point, dancers are standing side-by-side, right hip to right hip, gent facing LOD, lady facing against LOD. Gents right hand holding lady's left hand over ladies left shoulder. Gent's left hand holding lady's right hand over gent's left shoulder. |   |   |
| 1  | Step forward on to LF along LOD   | Step backward onto RF along LOD   |
| 1  | Step forward onto RF, along LOD, and turn, right shoulder back, to face wall. Drop gents RH/lady's LH.    | Step backward onto LF along LOD, and turn, right shoulder back to face centre of hall. Drop gents RH/ladies LH. |
| 2  | Take two side-close steps along LOD while turning lady under joined hands.                                | Lady turns right shoulder back under joined hands once around.  |
| 2  | Take two side-close steps along LOD, moving into a ballroom hold.   | Take two side-close steps along LOD moving into a ballroom hold.  |
| In ballroom hold, gent facing wall, lady facing centre of hall,  |   |   |
| 1  | Rotary waltz half turn. (Gent facing centre of hall, lady facing wall.)                                   |   |
| 1  | Rotary waltz a quarter turn.<br>(Gent facing LOD, lady backing LOD.)                                      |   |
| 1  | Take one waltz chasses step along LOD<br>(Gent moving forward, lady backward.)                            |   |
| 1  | Rotary waltz a quarter turn<br>Gent facing wall, lady facing centre of hall.)                             |   |
| 4  | Rotary waltz, two full turns, open out to both face LOD, inside hands held ready to start sequence again. |   |

## MARGARET'S WALTZ

[www.youtube.com/watch?v=5RHwmYZXoeo](http://www.youtube.com/watch?v=5RHwmYZXoeo)

Sicilian Circle (Couple facing couple)

32-bar waltz [Pat Shaw 1959]

Music: Own tune.

- Inner hands joined with Partner. Face Opposite:
- 4 Advance & retire two waltz steps
  - 4 RH turn Opposite
  - 4 LH turn Partner
  - 4 Ladies chain 1/2 way (maintain hold)
  - 2 Chassé right-forward diagonally 2 steps (couples side-by-side)
  - 2 Chassé left- forward diagonally 2 steps (passing other couple)
  - 4 Turn back to other couple, raise right hands: RH star 1/2 way
  - 4 Do-si-do Opposite
  - 4 Waltz onto to next Couple
  - 32 Repeat

Composed for Margaret Grant on her retirement in 1959 as EFDSS representative in Devon

## PICTON WHISTLE

Composed: Charles Warner. 1999

Formation: Square Set of 4 couples

Music: 32 x 4 Reels Own Tune: Whistling Rufus

Num. 1,2,3,4. c/w around set.

### Bars

- Cpl. 1 dance figure of 8 around Cpl 2 & 4,
- 8 M1 dances between cpl. 2, around M2, while L1 dances between cpl.4, around L4, touch nearer hand with partner, M2 dances back between 2s, behind L2 and back to place, while L1 dances back between 4s, behind M4 and back to place.  
Back to back with opposite
- 4 1st and 3<sup>rd</sup> cpls do-si-do (L1 with M3, M1 with L3),  
RH Turn with opposite
- 4 Cpls 1 & 3 turn RH (L1 with M3, M1 with L3)  
Chase
- 8 Cps. 1 & 3 chase clockwise, men leading, around the outside of the set, ending in original places.  
Eight hands round.
- 8 All circle left and right.
- 32 Repeat with Cpl 2 dancing figure of 8 around 1s & 3s,
- 32 Repeat with Cpl 3 dancing figure of 8 around 4s & 2s
- 32 Repeat with Cpl 4 dancing figure of 8 around 3s and 1s.

## QUEEN OF SHEBA

[https://www.youtube.com/watch?v=5stD\\_ZJf6wE](https://www.youtube.com/watch?v=5stD_ZJf6wE)

Style: Formal, brisk walk

Longways set for four couples. 1<sup>st</sup> and 3<sup>rd</sup> couples improper.  
Hold near hands.  
Start with right foot

Dance written M. Heffner/W. Porter – Maggot Pie 1979 - Modified C. Towns 1989  
Music based on Handel's Arrival of the Queen of Sheba by Heffner/Porter.

- |        |  |
|--------|--|
| 4 bars | Up a double, back a double (lead up and fall back without turning around)  |
| 4 bars | Gypsy partner right shoulder   |
| 8 bars | Down a double, back a double (lead down and fall back without turning around)<br>Gypsy partner left  |
| 4 bars | RH Stars (top 2 couples and bottom 2 couples)  |
| 4 bars | Mid couples LH star MEANWHILE end couples chase clockwise to other end   |
| 8 bars | Repeat to own end. Finish with men facing out of the set.  |
| 8 bars | Forward & back a double to man's wall, gypsy right with neighbour (along the line).  |
| 8 bars | Forward & back a double to ladies wall, gypsy left along line (neighbour).   |
| 2 bars | End couples turn with right hand into arch ALONG THE SET, women in middle  |
| 4 bars | Mids. chase through clockwise under arches to place  |
| 2 bars | Top couples quarter turn back to place.  |
| 2 bars | L2 & M3 three quarter right hand turn into arch ACROSS THE SET   |
| 4 bars | Ends chase clockwise under arches to place.  |
| 2 bars | Mids. quarter turn back to place.  |
| 8 bars | Bomb burst: End couples and middles lead out, and fall back then gypsy that person right.  |
| 8 bars | Star burst: With neighbor on corners, face diag. out of the set.<br>Lead out and fall back then gypsy that person left. Finish in side lines Ends face middles, middles face ends. |
| 6 bars | Half hey plus one place along the line   |
| 2 bars | Take two hands with partner and change places  |
| 8 bars | New ends face middles, new middles face ends.<br>Half hey plus one place then change sides to original place.  |

## ST DAVID'S WALTZ

Composed: Peggy Hazell, 1980  
Formation: A large circle or longways set. Duple minor. Proper in two couple sets. (1s & 2s). Couples progress.  
Music: 32 bar Waltz. Farewell Marianne

### Bars

- 4 Right hand star
- 4 Left hand star
- 4 Taking 2 hands with partner, chasse two steps along LOD and 2 chasse steps back.
- 4 Taking R hand with partner, balance forward and back and turn lady under to change places.
- 8 Lady 1 and Man 2 turn by RH one and a half times to original sides and honour. (now progressed)
- 8 Man 1 and Lady 2 turn by RH one and a half times to original sides and honour (now in progressed places),
- 32

## TURNING BY THREES

[https://www.youtube.com/watch?v=\\_TgRmRNDPBM](https://www.youtube.com/watch?v=_TgRmRNDPBM)  
<https://www.youtube.com/watch?v=Fxk1Mhew0q4>

Composer: Gary Roodman, 2003  
Formation: Circle of three couples  
Music: 32 x 3 Waltz - (Tourner à Trois by Paul Machlis)

### Bars

- 4 All take hands, face L and circle L (2B), turn single L (2B)
- 4 4B Repeat to R
- 4 Partners back to back
- 2 Grand chain 2 places (quickly): RH with partner and LH with next
- 2 RH turn with the next person once around into...
- 4 Gents L hand star once around (back to these new places)
- 4 Ladies R hand star once around
- 2 Gents dance to the centre with 2 Single steps (step, close; step, close)
- 2 Ladies dance to the centre with 2 Single steps, while... Gents fall back
- 4 Ladies look over right shoulder, gypsy with this new partner (about 1¼ around, back into the circle)
- 32
- 64 Repeat twice

**Steps and Style:** "Historical English Style." Waltz steps throughout except where noted. Suggested steps for dancing into the centre and falling back (bars 25-28) are similar to a Pavane step: step fwd R, close L behind, step fwd L, close R behind (2B), then step RLR backwards and close L (2B).



## WINTER DREAMS WALTZ

<http://www.youtube.com/watch?v=jkJpgFP1tDk>

Written by: Gary Roodman

Formation: Longways set for as many as will. Duple Minor. Improper

Music: Waltz 32 bars.

- 8 Cpl. 1 cast as Cpl. 2 lead up and turn away into mirror image gypsies on sides. Finish facing across the set.
- 8 Pass right shoulder with opposite and courtesy turn neighbour (with LH) into LH star once around.
- 8 Take hands in lines on sides  
Fall back  
Come forward and circle left once around.
- 8 Hey two changes, starting RH with partner, then partners two hands turn once around.

## YEARNING SAUNTER

<http://www.youtube.com/watch?v=zD46z4zzJn4>

Written by: Harry Boyle 1919

Formation: Couples dance - Start in ballroom hold with Gents facing LOD

Music: Yearning (Saunter) written by Neil Moret (c1910) or Saunter (Slow Foxtrot). - Slow 4/4 (at around 30B per min).

- 2 Four slow steps along LOD, Gents start L foot, Ladies R
- 2 Four rocking steps, Gents back on L, forward on R and repeat
- 2 Four more slow steps along LOD
- 2 Four more rocking steps
- 1 Gent steps forward and diagonally right with L foot across over his R and turns 90° clockwise then points his R foot forward and to the R side turning back 90° to face LOD while Lady complements this by stepping her R foot diag back to her L behind her L foot while also turning 90° clockwise and then pointing her L foot back and to the side while turning back 90° to have her back to LOD (Needs demonstration!)
- 3 3 more step and point sequences as above - start on the foot that was pointed in the previous step
- 2 2 Chassé step diagonally into centre and two diagonally out (piece of cake
- 2 2 slow Rotary Chassé steps to turn.