

Central Coast Bush Dance & Music Association, Inc.

# Flannel Flower Spring Ball



**October 12, 2024**

## **Programme & Dance Instructions**

**In alphabetical Order**

## Grand March

- \* The Barmkin
- \* Evening three Step
- \* First Set
- \*\* Flannel Flower Schottische
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- \*\* Reel of the 51<sup>st</sup> Division
- \* St. David's Waltz
- \*\*\* Trip to Bavaria
- \* Turning By Threes
- \* Upon a summer's Day

\* Easy    \*\* Medium Difficulty    \*\*\* Challenging

### (THE) BARMKIN

<https://www.scottish-country-dancing-dictionary.com/video/barmkin.html>

Written by: R. Goldring  
Formation: Square Set of four couples  
Music: 88 bar reels.

#### Bars

- 8 1s & 3s turn partners RH, then men followed by ladies chase clockwise halfway around the set.
- 8 1s and 3s RH star then LH star in the centre, back to new places.
- 8 2s & 4's 3s turn partners RH, then men followed by ladies chase clockwise halfway around the set.
- 8 2s & 4's RH star then LH star in the centre, back to new places.
- 8 1's & 3's turn partners LH, then Ladies, followed by men, chase anti-clockwise halfway around the set
- 8 1's & 3's dance rights and lefts
- 8 2's & 4's 3's turn partners LH, then Ladies, followed by men, chase anti-clockwise halfway around the set
- 8 2's & 4's dance rights and lefts
- 4 All take hands in a circle and advance to the centre drop hands with partner and retire with corner.
- 4 Ladies dance around corners, passing in front to begin and back to place.
- 4 All take hands in a circle and advance to the centre drop hands with corner and retire with partner.
- 4 Men dance around partners, passing in front to begin and back to place.
- 8 All circle left then right.

88

## EVENING THREE STEP

<https://www.youtube.com/watch?v=TYQD1RWrd8>

Formation Couples holding inside hands in a circle, facing L.O.D.  
Music: 16bar 4/4 or 6/8 music.

Couples facing LOD holding inside hands.

- 2 Both starting outside feet take 3 steps fwd, bring feet together
- 2 Start inside feet change places with partner, lady in front, pivot turn turning towards partner. Bring feet together
- 2 Start inside feet change places with partner, lady in front, pivot turn turning towards partner. Bring feet together 2B
- 2 Starting inside feet 3 steps backwards against LOD bring feet together
- 4 Travelling down LOD facing partner one skip-2,3, Swivel back to back one skip-2,3, swivel to face partner chasse 2 steps
- 4 Waltz (Rotary Chasse)
- 16

*Notes: A "New Vogue" Dance - which is a ballroom style developed in Australia during the 1930s.*

## THE FIRST SET (The Quadrille)

Version similar to Christison's but closer to Shirley Andrews'  
Quadrille set: 1s face 2s, 3s on the right of 1s facing 4s

### Fig 1 (Le Pantalon) 2x32B

- 8 Top couples: Rights & Lefts (no hands),
- 8 Balance set and turn partners (two hands),
- 8 Top Ladies' chain,
- 4 Top couples promenade to opposite places,
- 4 Half Rs & Ls to place.
- 32 Repeat with Side couples

### Fig 2 (L' Étè) 4x24B

- 4 Top couples: advance & retire,
- 4 Cross over (without changing sides and turn in),
- 8 Adv, ret and cross back,
- 8 Balance set and turn partners.
- 24 Sides repeat

- 48 Tops then Sides repeat

**Fig 3 (La Poule) 4x32B**

- 1st Lady and opp. Gent - adv touch R hand,
- 4 retire to opposite place,
- 4 Adv again, join L hand give R hand to partner,
- 4 Line of 4 balance fwd & back x2,
- 4 Turn towards ptrn & promenade to opp. places,
- 4 1st Lady and opp. Gent adv & ret,
- 4 adv, honour & ret,
- 4 Top couples adv & ret,
- 4 Half Rs & Ls to place.
- 96 Repeat with 2nd, 3rd then 4th Ladies leading

**The Quadrille Fig 4 (La Pastorale) 4x32B**

- 4 1st couple adv & ret,
- 4 Re-advance , 1st Lady join opposite couple,
- 4 Line of 3 adv & ret, lead Gent retire,
- 4 Line of 3 adv, Ladies cross (turning) to lead Gent,
- 4 Line of 3 adv & ret, opposite Gent retire,
- 4 Tops adv & form circle (Ladies turning),
- 4 Circle left half way and retire to opp. places,
- 4 Tops half Rs & Ls to place.
- 32 Repeat with 2nd couple leading
- 64 Repeat with Sides (3rd then 4th couples)

**Fig 5 (La Finale) 4x32B+16B coda**

- 4 All adv& retire in a circle,
- 4 Turn partners,
- 4 All Ladies adv, curtsy & retire,
- 4 Gentlemen adv, bow & retire,
- 8 All balance set and turn corners,
- 8 Promenade to Gentlemen's places.
- 3 x 32 Repeat 3 times to return to place

**Coda 16B**

- 4 All adv & retire in a circle,
- 4 All turn partners,
- 8 Promenade the set.

# FLANNEL FLOWER SCHOTTISCHE

<https://www.youtube.com/watch?v=C6maRHJg828>

Written by John Short, July 2005

Music written by G.M. Miller 1910

Honour partners, honour corners.

## Part A (16 bars)

2 **All Chasses Croisse to Opposite Corner**

**(See notes below)**

Drop hands.

2 All Chasses Croisse Back as described below. Keep left hands joined.

### Turn Corner

1 Using walking steps, all turn corner by the left hand to finish in own place facing partner.

### Turn Partner

2 Using walking steps, all turn partner by the right hand one and a half times to finish in partner's place facing away from partner.

### Pull past opposite corner

1 Give left hand to the person you are facing and change places with them by pulling past them. Finish facing the centre of the set.

*Gents have now progressed one place anticlockwise around the set, ladies have progressed one place clockwise.*

8 **Repeat previous 8 bars**

Everyone is now in opposite place with original partner.

1 **Part B (8 bars)**

All honour partners.

1 All honour corners.

### Top Ladies cross

2 Top ladies change places by walking past each other passing right shoulder. Do not give hands.

4 Repeat previous 4 bars, side ladies crossing.

*Ladies are now in original place, gents are in opposite place.*

16 Repeat Part A

8 Repeat Part B

Everyone is now in original place.

## Part C (16 bars)

### Top couples advance & retire

2 In ballroom hold, top couples slip step twice toward centre of set and twice away. (This is slow.)

### Top couples rotary chasse

2 In ballroom hold top couples make one (slow) rotary chasses turn inside the set, opening out into a half ballroom hold, finishing facing anticlockwise around the set in front of the couple on their right.

### Promenade back to place

4 Top couples in half ballroom hold promenade (walk) back to place.

8 Side couples repeat last 8 bars

## Part D (8 bars)

### Top couples cross

2 In ballroom hold top couples change places, using slip steps, gents passing back to back. To suit the music, this movement is danced as two slow slip steps followed by four quick slip steps. Do not turn around. Remain in ballroom hold.

- Side couples cross**  
 2 Side couples repeat previous 2 bars. Remain in ballroom hold.
- Top Couples cross back**  
 2 Top couples cross back to place, ladies passing back to back. Remain in ballroom hold.
- Side couples cross back**  
 2 Side couples repeat previous 2 bars. Remain in ballroom hold.

**Part C (16 bars)**

- All advance & retire**  
 2 In ballroom hold, all couples slip step twice toward centre of set and twice away. (This is slow.)
- All rotary chasse**  
 2 In ballroom hold all couples (slow) rotary chasses once anticlockwise around the set, opening out into a half ballroom hold, finishing facing anticlockwise around the set.
- Grand Cross back to place**  
 4 In half ballroom hold with partners, gents put left hand into centre, form a grand cross and promenade (walk) back to place.
- 8 Repeat the previous 8 bars but finish with a "flourish" (see above).

**NOTES:**

**1. Chasses Croisse**

*Gents Chasses Croisse* by dancing to right behind partner with four small slip steps. On the last slip step they close their left foot to their right foot but do not put weight on the left foot. Then balance diagonally forward and to the right by stepping diagonally on the left foot then stepping back on the right foot. The gent's right hand is given to opposite corner during the balance.

*Gents Chasses Croisse Back* by reversing the above balancing with corner using the right foot and the left hand.

*Ladies Chasses Croisse* by dancing to left in front of partner with four small slip steps. On the last slip step they close their right foot to their left foot but do not put weight on the right foot. Then balance diagonally forward and to the left by stepping diagonally on the right foot then stepping back on the left foot. The lady's right hand is given to opposite corner during the balance.

*Ladies Chasses Croisse Back* by reversing the above balancing with corner using the left foot and the left hand.

Note that the ladies pass in front of their partners in both directions.

**2. Flourish**

This is the final movement of the dance. While promenading back to place in half ballroom hold, the gents should take their partner's right hand in their right hand. On the last half bar, the ladies will turn clockwise out of the half ballroom hold (with right hands still joined) to face their partners. All dancers should raise their left hands behind (palms facing up) at shoulder height and create a pose (by tensioning right arms) on the last beat.

## FLIRTATION REEL

<https://www.youtube.com/watch?v=xsPQ3B4rMz8>

Formation: Longways set. Duple improper (1st couple improper)

American Contra written by Tony Parkes

Music: 32 bar reels

Start by forming lines of four down the room. 1s in centre of 2s.

- 8 Lines of 4 down the room for count of 8. Turn solo.  
Return up the hall for count of 8 and finish facing neighbour  
(1s in middle back to back, 2s on outside facing in)
- 8 Hay for four (right shoulder) across and back to face neighbour
- 4 Gypsy with neighbour
- 4 Swing neighbour (ballroom hold). Finish with lady on rhs of man
- 4 Finish in long lines facing partner across the set.
- 4 Long lines advance and retire
- 4 Actives only (1s)  
Swing partner and finish between new 2's facing down the set.  
As couples reach end of set, wait out one turn and change places with  
partner ready to return as the opposite number.

## MARGARET'S WALTZ

[www.youtube.com/watch?v=5RHwmYZXoeo](http://www.youtube.com/watch?v=5RHwmYZXoeo)

Sicilian Circle (Couple facing couple)

32-bar waltz [Pat Shaw 1959]

Music: Own tune.

- Inner hands joined with Partner. Face Opposite:
- 4 Advance & retire two waltz steps
- 4 RH turn Opposite
- 4 LH turn Partner
- 4 Ladies chain 1/2 way (maintain hold)
- 2 Chassé right-forward diagonally 2 steps (couples side-by-side)
- 2 Chassé left- forward diagonally 2 steps (passing other couple)
- 4 Turn back to other couple, raise right hands: RH star 1/2 way
- 4 Do-si-do Opposite
- 4 Waltz onto to next Couple
- 32 *Repeat*

Composed for Margaret Grant on her retirement in 1959 as EFDSS representative in Devon

## MERRY WIDOW WALTZ

<https://www.youtube.com/watch?v=6EGliWI5vaE>

Source: Daryl Powell. The dance probably dates from the very early 1900s.

Music: Waltz. Tunes: Merry Widow Waltz and usually Barcarolle & Plaisir d'Amour.

32 bar repeat dance.

Formation: Couples in Upper Promenade Hold, facing LOD

- 2B Two slow steps fwd starting Left foot
- 2B Diagonal Chassé step to the left, i.e. step L, close R, step L (Slow-Quick-Slow)
- 2B With weight on left foot, point right foot forward then diag. right
- 2B Close with right foot beside left, then bend knees to "dip"
- 2B Starting left foot, two slow steps backwards
- 2B Backwards - step L, close R, step L (SQS)
- 2B Rock fwd onto right foot and back onto left foot
- 2B Step fwd onto right foot and turn to face out from centre, close with left foot. (Gent behind the Lady, retaining the same hold)
- 4B 2 Chassé steps to left and then to right, finish facing forward around LOD
- 3B 3 small steps (casting out) away from partner, finish facing partner
- 1B Bow/Curtsey to partner
- 8B Waltz with partner

## POSTIES JIG

<https://www.youtube.com/watch?v=YYPtg9sIseo>

Longways set of 4 couples.

32 Bar jig

### Bars

- 2 Ends Set - (Couples 1 and 4 set to their partner)
  - 2 Cast off - (Ends only cast off to finish between 2<sup>nd</sup> and 3<sup>rd</sup> couple.)
  - 4 Figure of eight - (Ends half figure of eight around end couple closest to them and finish on the side between 2<sup>nd</sup> and 3<sup>rd</sup> couple.)
  - 2 Men arch - (Men 1 and 2 form an arch and change sides with partners. Ladies go under the arch.)
  - 2 Turn corner (Turn corner person using free hand and finish with couple 1 between couple 2 and couple 2 between couple 3.)
  - 2 Arch - (Couples 1 and 2 change places with bottom couple making arch.)
  - 2 Turn corner (Finish between couples 2 & 3)
  - 2 Arch
  - 2 Turn corner
  - 2 Arch
  - 2 Turn corner (Finish where arches and turns started.)
  - 4 Half rights and lefts (This now has set as couples 2,4,1,3)
  - 4 Swing. (Ends swing partner using long arm hold. At the end of swing, new end couple be ready to start)
- 32



# QUEEN OF SHEBA

<https://www.youtube.com/watch?v=1HOHJ1J2OOQ>

Magot Pie, Marjorie Heffer and William Porter, 1932

Music: Own tune Arrival of the Queen of Sheba by Handel

Formation: Longways set for four couples. 1st and 3rd couples improper

- 1-4 Up a double, back a double
- 5-8 Gypsy partner right shoulder
- 9-12 Down a double, back a double
- 13-16 Gypsy partner left
- 17-20 Right Hand Stars (top 2 couples and bottom 2 couples)
- 21-24 Mid couples Left Hand star  
WHILE  
end couples chase clockwise to other end
- 25-28 Right Hand Stars (top 2 couples and bottom 2 couples)
- 29-32 Mid couples Left Hand star  
WHILE  
end couples chase clockwise to other end finish with men facing out of the set and women facing their partners' back
- 33-36 Forward & back a double to man's wall
- 37-40 Gypsy right with neighbour (along the line) finish with women facing out of the set and men facing their partners' back
- 41-44 Forward & back a double to ladies' wall
- 45-48 Gypsy left along line (neighbour)
- 49-50 End couples turn with right hand into arch ALONG THE SET, women in middle
- 51-54 Mids. chase through clockwise under arches to place
- 55-56 Top couples quarter turn back to place
- 57-58 L2 & M3 three quarter right hand turn into arch ACROSS THE SET
- 59-62 Ends chase clockwise under arches to place
- 63-64 Mids. quarter turn back to place
- 65-72 Bomb burst: End couples and middles lead out, and fall back then gypsy that person right
- 73-80 Star burst: With neighbour on corners, face diag. out of the set.  
Lead out and fall back then gypsy that person left. Finish in side lines  
Ends face middles, middles face ends
- 81-86 Half hey plus one place along the line
- 87-88 Take two hands with partner and change places
- 89-95 Half hey plus one place along the line
- 95-96 Take two hands with partner and change places

## (THE) REEL OF THE 51<sup>ST</sup> DIVISION

<https://www.youtube.com/watch?v=KTcyCgNQZfQ>

This dance was composed in a P.O.W. Camp in Germany by two Highland Officers of the 51st (Highland) Division, which was captured in 1940 at St Valery

Music: Reels. Formation: Longways sets of 3 or 4 couples

- 8B 1st Couple sets once (2 bars) then casts off two places (meanwhile Couple 2 moves up on bars 3&4), meets below Couple 3 and leads up R hand in R to face first corners (i.e. 1st Lady faces 2nd Gent, 1st Gent faces 3rd Lady with 1st Couple having their backs to each other in the centre)
- 4B 1st Couple sets once to first corners then each turn their corner by R hand (two skip change steps) and keeping hold of the corner's hand take partners L hand in the centre to form a (wavy) line of four
- 4B The four dancers set once in line (balance in line) (2 Bars) and 1st Couple turns very quickly by L hand to face second corners (2 Bars) (i.e. 1st Lady faces 3rd Gent, 1st Gent faces 2nd Lady)
- 8B Repeat the last 8B, except that 1st Couple dance to their own sidelines (progressed places) in the last 2B
- 8B 1st, 2nd and 3rd Couples 6 hands round and back (circle 4B to the left and 4B to the right)
- 32B Original 1st Couple repeats the dance from this position for a 4 couple set

## ST DAVID'S WALTZ

Composed: Peggy Hazell, 1980

Formation: A large circle or longways set. Duple minor. Proper in two couple sets. (1s & 2s). Couples progress.

Music: 32 bar Waltz. Farewell Marianne

### Bars

- 4 Right hand star
- 4 Left hand star
- 4 Taking 2 hands with partner, chasse two steps along LOD and 2 chasse steps back.
- 4 Taking R hand with partner, balance forward and back and turn lady under to change places.
- 8 Lady 1 and Man 2 turn by RH one and a half times to original sides and honour. (now progressed)
- 8 Man 1 and Lady 2 turn by RH one and a half times to original sides and honour (now in progressed places),

32

## TRIP TO BAVARIA

<https://www.youtube.com/watch?v=BfQsZzMCyql>

Longways set for 4 couples

32 bar x 4 reels -

Bars

- 2 Star and change  
(Centre 4 people right hand star two places to be diagonally opposite from where they started. Meanwhile top couple and bottom couple change places giving right hands)
- 2 Turn Corners  
Centres turn corner person by the left hand and leave corners in star in centre.
- 2 Star and change  
(Ends change places across the set)
- 2 Turn corners
- 2 Star and change (Ends change places across the set)
- 2 Turn corners
- 2 Star and change (Ends change places across the set)
- 2 Turn corners  
Top couple face down, everyone else faces up.
- 2 Tops set below (Top lady sets to second lady, top man sets to second man)
- 2 Tops cross (Tops change sides to finish on opposite sides between second and third couple)
- 2 Set to thirds (Top couple set to third couple)
- 2 Tops cross. (Top couple finish on original sides facing couple four)
- 2 Set to fours. (Top couple set to fourth couple).
- 2 Tops cross. (Top couple cross and finish below couple four on opposite side).
- 4 Advance and turn. (Couples 2,3,4 advance and retire, 2 steps each way, while couple one advance, turn and retire to original side.)
- 32

## TURNING BY THREES

[https://www.youtube.com/watch?v=\\_TgRmRNDPBM](https://www.youtube.com/watch?v=_TgRmRNDPBM)

<https://www.youtube.com/watch?v=Fxk1Mhew0q4>

Composer: Gary Roodman, 2003  
Formation: Circle of three couples  
Music: 32 x 3 Waltz - (Tourner à Trois by Paul Machlis)

Bars

- 4 All take hands, face L and circle L (2B), turn single L (2B)
- 4 4B Repeat to R
- 4 Partners back to back
- 2 Grand chain 2 places (quickly): RH with partner and LH with next
- 2 RH turn with the next person once around into...
- 4 Gents L hand star once around (back to these new places)
- 4 Ladies R hand star once around
- 2 Gents dance to the centre with 2 Single steps (step, close; step, close)
- 2 Ladies dance to the centre with 2 Single steps, while... Gents fall back
- 4 Ladies look over R.shoulder, gypsy with this new partner (about 1¼ around, back into the circle)
- 32
- 64 Repeat twice

## UPON A SUMMER'S DAY

<http://www.youtube.com/watch?v=ztZC6-A1dl0>

Formation Longways set for 3 couples. :

Part 1

8 All lead up and fall back a double. Set and turn single

8 Repeat all that

**Chorus**

4 Take hands along the sides, go forward and back a double

4 2nd & 3rd men make an arch, as do 2nd & 3rd women;

1st couple lead down centre, separate, and each go under  
nearest arch to bottom place, 2s & 3s moving up in last 2 bars

8 Repeat with 2's lead down and under

8 Repeat with 3s leading down and under.

8 Part 2 - Siding

Siding with partner (over by L shoulders, back by right).

Set and turn single

8 Repeat all that

24 Chorus

Part 3 – Arming

8 Partners arm right; set and turn single

8 Partners arm left; set and turn single

24 Chorus