

AUGUST BUSH DANCE

With

Barangaroo

PROGRAMME & DANCE INSTRUCTIONS

**HAPPY RETURNS
CUMBERLAND REEL (V2)
SPRIGS OF LAUREL
MERRY WIDOW WALTZ
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UPON A SUMMER'SS DAY
GOOD HEARTED GLASGOW
MARGARET'S WALTZ**

HAPPY RETURNS

Composed: Felicity Hattingh
Formation: Sicilian. Cpl. facing cpl. in a circle around the room
Music: 2/4 tunes, like contra music.

- 4 Ladies Right Hand turn back to place.
 - 4 Men RH turn back to place, but keep right hands joined while ladies join RH to form a RH star.
 - 4 RH star
 - 4 Circle Left
 - 4 Circle Right
 - 4 Left hand star.
 - 4 Men move up behind their partners who are in front of them, and take up a ladies chain hold.
Promenade as a couple around other couple.
 - 4 Still in ladies chain hold, promenade forward in the direction you started to meet a new couple and start the dance again.
- 32

CUMBERLAND REEL (Version 2)

Composed:
Formation: Longways set of 4 couples.
Music: Reels. 32 x 4

- 8 Cpls 1 & 2 dance RH, then LH star.
 - 8 Cpl. 1 take 2 hands and slip step down the set and back to place.
 - 8 Cpl. 1 cast (man to left, lady to right) to the bottom of the set with others following and lead back up to place. Others follow.
 - 8 Cpl. 1 solo turn to face down the set and take inside hands.
C1 dances under the arches made by other couples to the bottom of the set. (4 bars) and everyone swing partner (4 bars).
- 32

1. During the first 8 bars, C3 and C4 can also right and left hand star.
2. During bars 9 to 16, cpl. 3 can also slip down and back. Alternatively, all four couples can slip step down and back.

THE SPRIGS OF LAUREL

<https://www.youtube.com/watch?v=JYUOaZnnkzE>

Formation: Duple Minor Proper
Music: Own music. Sprigs of Laurel
Composed: Playford's Dancing Master of 1710
Interpreted by Bernard Bentley on 1977

- A Set twice to partner
Star right all the way around
Set twice to partner
Star left all the way around
- B 1s lead down, turn, lead back and cast down as 2s lead up.
Partners right hand turn and left hands back.

MERRY WIDOW WALTZ

<https://www.youtube.com/watch?v=6EGliWI5vaE>

Source: Daryl Powell. The dance probably dates from the very early 1900s.
Music: Waltz. Tunes: Merry Widow Waltz and usually Barcarolle & Plaisir d'Amour. 32 bar repeat dance.
Formation: Couples in Upper Promenade Hold, facing LOD

- 2B Two slow steps fwd starting Left foot
- 2B Diagonal Chassé step to the left, i.e. step L, close R, step L (Slow-Quick-Slow)
- 2B With weight on left foot, point right foot forward then diag. right
- 2B Close with right foot beside left, then bend knees to "dip"
- 2B Starting left foot, two slow steps backwards
- 2B Backwards - step L, close R, step L (SQS)
- 2B Rock fwd onto right foot and back onto left foot
- 2B Step fwd onto right foot and turn to face out from centre, close with left foot.
(Gent behind the Lady, retaining the same hold)
- 4B 2 Chassé steps to left and then to right, finish facing forward around LOD
- 3B 3 small steps (casting out) away from partner, finish facing partner
- 1B Bow/Curtsey to partner
- 8B Waltz with partner

IN THE LOOP

Written by: Felicity Hattingh
Formation: Longways set of three couples
Music:

- 4 Couple 1 dance a figure of 8 around couple 2. (Cpl. 1 now back in place on opposite sides).
4 Couple 1 set and cross by right hand. (Cpl. 1 now on correct side)
8 Couple 1 loop the set.
(Man 1 dances between lady 2 and lady 3, around lady 3. Up between man 3 and man 2 and back to place.)
Meanwhile
Lady 1 dances down between man 2 and man 3, around man 3, up between lady 2 and lady 3 and back to place. (Ladies first at crossing points.)
8 All set and turn single twice
4 Couple 1 cast to bottom of set.
4 Others move up and all swing.
32

BLACKWATTLE REEL

32 Bar Reel (Soldier's Joy Music)
Formation: Single circle around the room. Lady on right of man. All holding hands.
Miscellaneous Dance Music.
Written by: Amnon & Sheryn Doernberg 1979

Bars

- 4 Advance and retire
4 Repeat
2 Right hand (arm) turn with partner
2 Left hand (arm) turn with corner
2 Right hand turn with partner
2 Left hand turn with corner
4 Do-si-do partner by the right
4 Do si-do partner by the left
1 Still facing partner, take one side step to the right
1 Honour partner
2 Pass partner left shoulder to face a new partner
4 Swing new partner (short arm hold) and be ready to start again
32

RED SOCKS REEL

Composed: John Short , 2003.
Formation: Longways set of four couples
Music: 32 bar Reels x 4

This dance was written in memory of Herb Lippman and his wife Yu Wa who were tragically killed in a bus accident while trekking in Tibet. Herb was renowned in his local bushwalking club for always wearing red socks while bushwalking.

- 4 Take hands along lines and advance and retire.
- 4 Couples 1 and 2 Right Hand star all the way round (no LH star)
- 8 Couple 1 keep Right Hands joined from the star and dance down the set.
At the bottom, cross over (lady in front) and dance up being opposite lines. (i.e. Lady 1 behind the men's line and Man 1 behind the ladies' line. Finish at the top of the set in partner's place.
- 4 Cpl 1 face down, all other couples face up.
C1 individually Left Hand turn cpl. 2, 1½ times (ie one around plus change places) to face C3.
- 4 Cpl. 1 individually RH turn cpl.3, 1½ times to finish facing cpl. 4.
- 4 Cpl. 1 individually LH turn cpl.4, 1½ times to finish at the bottom of the set.
- 4 Cpl. 1 swing partner and finish on correct sides.

32

Notes:

1. In the last four bars of the dance, all couples can swing partners.
2. In the last four bars of the dance, Cpl 1 (only) can swing and finish the swing on the opposite lines. i.e., Man 1 finishes in the ladies lines, Lady 1 finishes in the men's' line. They then swap to the correct lines during the first four bars of the next sequence (the advance and retire) as in Trip to Bavaria.

POSTIES JIG

<https://www.youtube.com/watch?v=YYPtg9sIseo>

Longways set of 4 couples.
32 Bar jig

Bars	Description
2	Ends Set - (Couples 1 and 4 set to their partner)
2	Cast off - (Ends only cast off to finish between 2 nd and 3 rd couple.)
4	Figure of eight - (Ends half figure of eight around end couple closest to them and finish on the side between 2 nd and 3 rd couple.
2	Men arch - (Men 1 and 2 form an arch and change sides with partners. Ladies go under the arch.)
2	Turn corner (Turn corner person using free hand and finish with couple 1 between couple 2 and couple 2 between couple 3.)
2	Arch - (Couples 1 and 2 change places with bottom couple making arch.)

- 2 Turn corner (Finish between couples 2 & 3)
- 2 Arch
- 2 Turn corner
- 2 Arch
- 2 Turn corner (Finish where arches and turns started.)
- 4 Half rights and lefts (This now has set as couples 2,4,1,3)
- 4 Swing. (Ends swing partner using long arm hold. At the end of swing, new end couple be ready to start)
- 32

WHITEHORSE WALTZ

(Waltz Ceffyl Gwyn)

Ian Kendall. Created in the 20th Century twmpath style, to honour the City of Whitehorse in the eastern suburbs of Melbourne.

Awarded 1st Prize in the TSDAV Dance Composers Competition at the 2010 NFF.

Formation: Double circle (men with backs to the centre creating inner circle) facing their partners (creating outer circle)

Music: 32 Bar Waltz

- 2 Both starting right foot and with nearer hands joined, take 2 waltz travelling steps along LOD facing forward
- 2 Turning to face in the opposite direction, but still travelling along LOD, take 2 waltz travelling steps (backwards).
- 4 Repeat to place
- 2 Women facing out, dance out for 2 steps while men follow.
- 2 Women turn to face partner and continue dancing out, backwards, while men continue to follow them
- 2 Men facing in, dance in for 2 steps while women follow.
- 2 Men turn to face partner and continue dancing in, backwards, while women continue to follow them
- 4 Back to back (do si do) R shoulder with partner.
- 4 Turn partner once around with both hands and honour partner on last bar
- 2 All chasse two steps to the right
- 2 Join LH with new partner and RH with new neighbour of opposite gender
- 2 Waltz balance forward and back
- 4 Releasing hands with new neighbour, turn new partner once around with left hand and honour new partner on the last bar.
- 32 Repeat at will.

Each movement should flow into the next. Changes of direction need to be executed smoothly, with continuous travel in the direction indicated.

FLIRTATION REEL

<https://www.youtube.com/watch?v=6b06sy25hRc>

Formation: Longways set. Duple improper (1st couple improper)

American Contra written by Tony Parkes

Music: 32 bar reels A Portland Connection Tr. 3

Start by forming lines of four down the room. 1s in centre of 2s.

- 8 Lines of 4 down the room for count of 8. Turn solo.
Return up the hall for count of 8 and finish facing neighbour
(1s in middle back to back, 2s on outside facing in)
- 8 Hay for four (right shoulder) across and back to face neighbour
- 4 Gypsy with neighbour
- 4 Swing neighbour (ballroom hold). Finish with lady on rhs of man
Finish in long lines facing partner across the set.
- 4 Long lines advance and retire
- 4 Actives only (1s)
Swing partner and finish between new 2's facing down the set.
As couples reach end of set, wait out one turn and change places with
partner ready to return as the opposite number.

UPON A SUMMER'S DAY

<http://www.youtube.com/watch?v=ztZC6-A1dI0>

Formation Longways set for 3 couples. :

Music: P&P Collection 1 Track 11.

- Part 1
- 8 All lead up and fall back a double. Set and turn single
- 8 Repeat all that
- Chorus**
- 4 Take hands along the sides, go forward and back a double
- 4 2nd & 3rd men make an arch, as do 2nd & 3rd women;
1st couple lead down centre, separate, and each go under
nearest arch to bottom place, 2s & 3s moving up in last 2 bars
- 8 Repeat with 2's lead down and under
- 8 Repeat with 3s leading down and under.
- 8 Part 2 - Siding
Siding with partner (over by L shoulders, back by right).
Set and turn single
- 8 Repeat all that
- 24 Chorus
- Part 3 – Arming
- 8 Partners arm right; set and turn single
- 8 Partners arm left; set and turn single
- 24 Chorus

Part 1.

16 A1 All lead up and fall back a double. Set and turn single

16 A2 Repeat all that

"Chorus"

8 B1 Take hands along the sides, go forward and back a double

8 2nd & 3rd men make an arch, so do 2nd & 3rd women;

1st couple lead down centre, separate, and each go under nearest arch to bottom place,

2s & 3s moving up in last 4 beats

32 B2, B3 - As in B1, with 2s leading, then 3s

Part 2.

16 A1 Siding with partner (over by L shoulders, back by right). Set and turn single

16 A2 Repeat all that

"Chorus"

Part 3.

16 A1 Partners arm right; set and turn single

16 A1 Partners arm left; set and turn single

"Chorus"

GOOD HEARTED GLASGOW

<https://www.youtube.com/watch?v=i3lOxpSeezE>

Composed:

Formation: Longways set of three couples in a four couple set

Music: 32 bar Jigs x 4

4 1ST couple turn by Right Hand and cast down own side into second place while 2nd couple move up.

4 1st couple turn by Left Hand 1 ¼ times

4 1st man with 3rd couple and 1st lady with 2nd couple, right hand star once around. 1st couple finish in 2nd place on own sides.

4 1st man with 2nd couple and 1st lady with 3rd couple, LH star once around, 1st couple finishing in 2nd place on own sides.

8 1st couple lead down the set and back to 2nd place on own sides.

8 6 hands around, circle left and right.

32

MARGARET'S WALTZ

www.youtube.com/watch?v=5RHwmYZXoeo

Sicilian Circle (Couple facing couple)

32-bar waltz [Pat Shaw 1959]

Music: Own tune. Misc Music

Inner hands joined with Partner. Face Opposite:

- 4 Advance & retire two waltz steps
- 4 RH turn Opposite
- 4 LH turn Partner
- 4 Ladies chain 1/2 way (maintain hold)
- 2 Chassé right-forward diagonally 2 steps (couples side-by-side)
- 2 Chassé left- forward diagonally 2 steps (passing other couple)
- 4 Turn back to other couple, raise right hands: RH star 1/2 way
- 4 Do-si-do Opposite
- 4 Waltz onto to next Couple
- 32 *Repeat*

Composed for Margaret Grant on her retirement in 1959 as EFDSS representative in Devon